



5.69

TEMPERANCE



Name: _____ Date: _____

Human nature is inherently drawn to _____ things and repulsed by _____ things.

Speaking more generally, we can say that human beings need to develop the virtue of interacting with pleasurable things in ways that are _____ and lead to our full _____.

Temperance:

- » The virtue of _____ or _____ one's use of pleasurable things
- » Temperance forms or shapes a person's character so that the person uses pleasurable things in the right _____, at the right _____, in the right _____, and for the right _____.

Species of Temperance

Abstinence:

- » The virtue of _____ in matters of food and drink
- » This self-mastery brings real personal _____ around food.

Sobriety:

- » The virtue of _____ in matters of _____

Chastity:

- » Reason tells us that the only appropriate use of human sexuality is the _____ with one's lawfully wedded spouse, in a manner totally open to _____.
- » The virtue of _____ in matters of _____



**Purity:**

- » The virtue that gives _____ of the _____ in sexual matters
- » St. Thomas discusses its many beneficial effects, especially in one's _____ and _____ life.
- » Purity is an inner _____ and _____ all of its own.

Modesty:

- » The virtue of _____ and _____ care in _____ or _____.

Supernatural Temperance:

When St. Thomas is talking about temperance... he primarily has in mind _____ forms of these virtues... ways that serve _____, union with God, _____.

The Holy Spirit leads people to do things like _____ or give themselves to _____ for the sake of the kingdom of God.

Comprehension question: Is the virtue of temperance valued in our society today? Explain with evidence.

