



Name: _____ Date: _____

VIRTUES

- Habits; stable, perfective dispositions in the soul that enable us to perform _____ actions promptly, joyfully, and easily
- An increase of virtue happens _____—the person participating more fully in the habitual form of the virtue.
- Virtue is the habitual perfection of a human _____—the power of knowing, the power of _____, or the human powers of feeling.

GROWING IN MORAL VIRTUES

1. By the virtue's _____
 - You become virtuous in yourself by doing virtuous acts yourself.
2. We can grow in a specific virtue through the acts of _____.
 - The human person is one, a unity, the virtues are all _____.
 - The acts of one virtue can aid the increase or the exercise of other virtues.

GROWING IN THEOLOGICAL VIRTUES

Sacraments:

- The theological virtues are imparted to the soul through the Sacrament of _____.
- Communion and _____ confer deepening of divine grace, and thus intensification of the theological virtues.
- The Sacrament of _____ (Confession) restores the life of grace and theological virtues to the soul.
- Anyone who wishes to grow in faith, hope, and charity ought to receive the Sacraments with regularity, especially by attending _____ on Sundays.

PRAYER:

- Actively _____ the person to God
- Prayer is any raising of the _____ to God.
- The simplest way to pray is to _____ to God.

HOW WE DIMINISH IN MORAL VIRTUE

Compromise and _____ virtuous habits. . . through intense and repeated acts that are _____ to the perfective good of these virtues

THEOLOGICAL VIRTUES

- **Diminished:** when we do not regularly direct our powers of knowing and loving to _____—the source and end of the theological virtues
- **Lost:** through deliberate acts of grave _____ that are objectively disordered, ordered away from God
- **Restored:** through _____. In this sacrament, God re-orders us to Himself and re-establishes the theological virtues.

Comprehension questions:

1. Choose one moral virtue (prudence, justice, temperance, fortitude, or any other moral virtue) that you would like to grow in. What is one thing you could do this week that would help you grow in that virtue?

2. What is one thing you could do this week that would strengthen the theological virtues in you?