

DAILY VIRTUES

SCOPE AND SEQUENCE – LOWER + UPPER ELEMENTARY

7 DAYS PER VIRTUE EACH FOLLOWING THIS SEQUENCE

DAY 1:	Definition	DAY 5:	Virtue Spotting: Seeing virtues in others. Name, explain, and express what you see.
DAY 2 and 3:	Looks Like and Sounds Like examples		
DAY 4:	Opposing Trait Examples	DAY 6 and 7:	Witness: Looking to the saints, pray <i>lectio divina</i>

VIRTUE	DAY 6: WITNESS: LOOKING TO THE SAINTS	DAY 7: PRAY: LECTIO DIVINA
PRUDENCE VIRTUES		
Circumspection	St. John Baptiste de la Salle	The Two Foundations Luke 6:47-49
Foresight	St. John Bosco	Parable of the Ten Bridesmaids Matthew 25:1-13
Docility	St. Dominic Savio	The Flight to Egypt Matthew 2:13-15
JUSTICE VIRTUES		
Affability	Blessed Pier Giorgio Frassati	Visitation Luke 1:39-47
Courtesy	St. Vincent de Paul	Mary and Martha Luke 10:38-42
Generosity	St. Giuseppe Moscati	The Widow's Offering Mark 12:41-44
Gratitude	Blessed Solanus Casey	Jesus Cleanses Ten Lepers Luke 17:11-19
Kindness	St. Martin de Porres	The Parable of the Good Samaritan Luke 10:25-37
Loyalty	St. Ignatius of Loyola	A Faithful Friend Sirach 6:14-17
Obedience	St. Pio of Pietrelcina	The Annunciation to Mary Luke 1:26-38
Patriotism	St. Louis IX	Live as Servants of God 1 Peter 2:16-17
Prayerfulness	St. Dominic	Pray to your Father in Secret Matthew 6:6
Respect	St. Damien of Molokai	The Finding in the Temple Luke 2:51-52

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SCOPE AND SEQUENCE – continued

VIRTUE	DAY 6: WITNESS: LOOKING TO THE SAINTS	DAY 7: PRAY: LECTIO DIVINA
Responsibility	St. Pius V	Christian Responsibility Colossians 3:23-24
Sincerity	St. Anthony of Padua	Jesus and Zacchaeus Luke 19:1-10
Trustworthiness	St. Tarcisius	The Faithful Servant Matthew 24:45-51
FORTITUDE VIRTUES		
Industriousness	St. John Neumann	Work from the Heart Colossians 3:23-24
Magnanimity	St. Philip Neri	Elijah and the Widow of Zarephath 1 Kings 17:8-16
Magnificence	St. John Paul II	Stewards of God's Gifts 1 Peter 4:9-11
Patience	St. Teresa of Calcutta	Be Patient James 5:7-8
Perseverance	St. Monica	The Woman with a Hemorrhage Mark 5:25-34
TEMPERANCE VIRTUES		
Honesty	St. Stephen	Speaking Truth from the Heart Psalm 15
Humility	St. Bernadette	Mary's Magnificat Luke 1:41-49
Meekness	St. Thérèse	The Gentle Mastery of Christ Matthew 11:28-30
Moderation	Blessed Carlo Acutis	Everything Has Its Time Ecclesiastes 3:1-7
Modesty	Blessed Andre Bessette	Glorify God in your Body 1 Corinthians 6:19-20
Orderliness	St. Albert the Great	The Order of Creation Psalm 104
Self-Control	St. Kateri Tekakwitha	Run So As to Win 1 Corinthians 9:24-25