

3 The Devil & Temptation

- Father Nick points out that our temptations can give us insight into our sins. What temptation have you faced most often recently? What sin or lack of virtue might this indicate (note that temptation itself is not sinful)? Is it difficult for you to admit your sins?

- Make a plan: What will you do the next time you encounter this temptation?

- Father suggests that God allows the devil to tempt us to help us grow spiritually stronger. Have you ever been faced with a strong temptation but chosen to do the right thing? How did you feel afterward?



We know prayer is powerful. Who will you turn to the next time you are being tempted or spiritually attacked? Write a prayer asking to be freed from a temptation with which you are presently struggling. Make it a simple prayer so that you can say this prayer each time this temptation arises.

Further Study: Watch Episode 17: Encounter Beauty from The Life of Christ Companion Series on Openlight Media Plus

Use this space for other thoughts and reflections.
