



SCRIPTURE

- Psalm 8:4-6

THEME

Who am I and why do I exist? All of us pursue a life of happiness. In our search for this, we discover that each of us matters and is worthy.

OBJECTIVE

- Students will understand:
- The foundational aspects of Catholic anthropology.
 - Each person is created in God's image and likeness and has a purpose.
 - God created the human person—male and female.

MADE FOR WHOLENESS

- The Teenage Brain and Interpersonal Neurobiology

TERMS

- Incarnation
- Grace

PERSON OF FOCUS

St. John Henry Cardinal Newman



SCRIPTURE

- Exodus 3:14
- Wisdom 11:24-25
- Romans 1:19-23
- Hebrews 1:1
- 1 John 4:8
- Genesis 1:31; 1:26-27; 2:7

THEME

Who is God? (Creator, Designer, Love) God invites us to know Him.

OBJECTIVE

- Students will understand:
- God created everything and is everything, the ultimate source of all.
 - God is Trinity: Father, Son, and Holy Spirit.
 - God is a community of three Divine Persons, who first loved us.
 - All of creation is caused by Divine Love and is a gift.

MADE FOR WHOLENESS

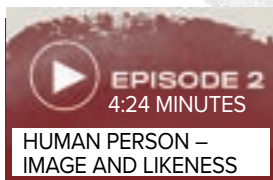
- Experience is the Architect of the Mind
- Temperament and Attachment

TERMS

- Essence
- Most Holy Trinity
- Existence

PERSON OF FOCUS

St. John Paul II



SCRIPTURE

- Genesis 1:31; 1:26-31; 2:18-25; 1:27
- Romans 5
- Colossians 1:15

THEME

God loves us so much; He holds the world in existence. We are created in God's image and likeness. The human person is created, male and female.

OBJECTIVE

- Students will understand:
- Each person is created in God's image and likeness for a purpose.
 - God created the human person "male and female."
 - The human person possesses an intellect and will.
 - The human person has the ability to freely think and act.

MADE FOR WHOLENESS

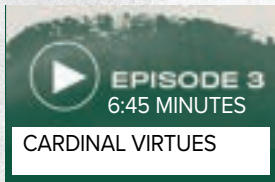
- Integration and Mental Health
- Mindsight: Intentionality over Instincts
- What are Mirror Neurons?
- Erik Erikson's Stage of Adolescent Development: Who Am I?
- Adolescence and Suicide

TERMS

- Hierarchy of Person
- Intellect and Will

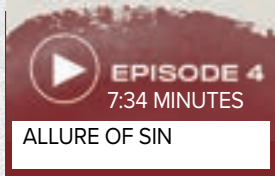
PERSON OF FOCUS

Blaise Pascal



SCRIPTURE

- John 16:33
- Matthew 22:37-40
- Romans 13:10
- 1 Corinthians 13:12
- Matthew 16:18



SCRIPTURE

- John 16:33
- Matthew 22:37-40
- Romans 13:10
- 1 Corinthians 13:12
- Matthew 16:18



SCRIPTURE

- 2 Peter 1:4
- Song of Songs 2:16
- 1 Corinthians 15:28

THEME

How can we more perfectly live out being created in the image and likeness of God?

OBJECTIVE

Students will understand:

- The meaning of virtue as a strength or a power needed to be a flourishing human being.
- The four cardinal virtues.

TERMS

- Cardinal Virtues
- Temperance
- Fortitude
- Prudence
- Justice

MADE FOR WHOLENESS

- Plato's City and Interpersonal Neurobiology
- Marshmallow Test
- Grit and Mindset
- Time-In: Insight and *lectio divina*
- The Reality Principle and the Virtual World
- Empathy and the Virtue of Justice

PERSON OF FOCUS

Peter Kreeft

THEME

Sin has injured the fullness of how we were meant to be human, making us divided creatures. We need to know the real remedy for sin, love, and God's mercy.

OBJECTIVE

Students will understand:

- The allure of sin.
- How to distinguish between mortal and venial sin.
- How the root of sin is from the seven deadly or capital sins.
- Mercy and forgiveness in the Sacrament of Reconciliation.

TERMS

- Sin
- Venial Sin
- Mortal Sins
- Original Sin
- Saint
- Deadly Sin
- Pride
- Envy
- Wrath
- Sloth
- Avarice
- Gluttony
- Lust

MADE FOR WHOLENESS

- Attachment and Following Rupture with Repair
- The Frontal Lobe and the Limbic System
- The River of Integration and Virtue

PERSON OF FOCUS

St. Augustine of Hippo

CHART

Seven Capital Sins (pg. 71-72)

THEME

God comes to us with the aid of His grace to enable us to become His intimate friends, children of God. By grace, God gives virtues of a whole new order: the theological virtues.

OBJECTIVE

Students will understand:

- Grace can heal human nature and elevate man to the supernatural life.
- In the Incarnation, God gives man His grace and allows man to become partakers of the divine nature.
- Human persons are children of God.
- The theological virtues, uniting the human person to God.

TERMS

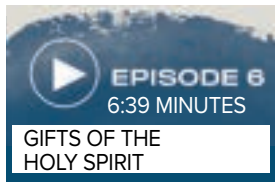
- Grace
- Theological Virtues
- Faith
- Hope
- Love/Charity
- Sanctifying Grace

MADE FOR WHOLENESS

- Interpersonal Neurobiology and Love

PERSON OF FOCUS

Frank Sheed



SCRIPTURE

- Isaiah 11:1-3
- Psalm 143:10
- Romans 8:17

THEME

The seven Gifts of the Holy Spirit make a person readily available to follow the movements of the Holy Spirit in different aspects of life.

OBJECTIVE

- Students will understand:
- The Gifts of the Holy Spirit, infused at Baptism and strengthened by the Sacrament of Confirmation.
 - God builds upon man's nature with the theological virtues and the seven Gifts of the Holy Spirit.

TERMS

- Gifts of the Holy Spirit
- Understanding and Knowledge
- Fear of God
- Wisdom
- Counsel
- Piety
- Fortitude
- Fear of the Lord

MADE FOR WHOLENESS

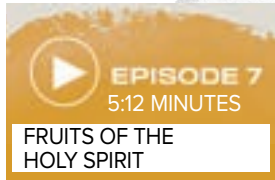
- The Mind and the Gifts of the Holy Spirit

PERSON OF FOCUS

Archbishop Luis Martinez

CHART AND DIAGRAMS

Virtues & Gifts (pg. 95)
Virtue Wheel (pg. 94)
Symbols of the Holy Spirit (pg. 103)



SCRIPTURE

- Hebrews 12:22-24
- Galatians 5:19-25
- James 3:16-17
- Mark 12:31
- 1 Corinthians 6:19-20; 12:7; 12:11

THEME

The effects of the Gifts of the Holy Spirit in our life are the twelve Fruits of the Holy Spirit. With these Gifts and Fruits, the world becomes even more beautiful.

OBJECTIVE

- Students will understand:
- The twelve Fruits of the Holy Spirit; these are effects of the Gifts of the Holy Spirit.
 - The Holy Spirit allows man to live as one with God: thinking like God, speaking like God, and acting like God.

TERMS

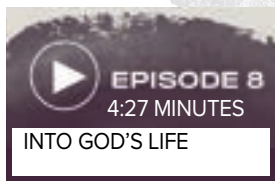
- Fruits of the Holy Spirit
- Destined

MADE FOR WHOLENESS

- Neuroplasticity and the Fruits of the Holy Spirit

PERSON OF FOCUS

Pope John XXIII
Pope Paul VI



SCRIPTURE

- Galatians 2:19-20; 4:19
- 2 Peter 1:4
- 1 Corinthians 13:4-13
- 1 John 3:1-3
- Exodus 7:1
- Psalm 81:6
- 2 Corinthians 8:9
- John 15:1-7
- Matthew 25:40
- John 14:3, 6

THEME

We are called to become divine!

OBJECTIVE

- Students will understand:
- The endgame of the Christian life is to become more and more like God.
 - Deification or divinization, becoming like God.
 - Becoming like God rests on three choices man continuously makes: a life of prayer, the Sacraments, and exercising charity toward our neighbor.

TERMS

- Fruits of the Holy Spirit
- Destined

MADE FOR WHOLENESS

- Neurobiology and Worship

PERSON OF FOCUS

Caryll Houselander